

Langley Principal Matthew Ragone and Langley students Justine White (left) and Rida Chotani walk the runway at the annual Langley High School fashion show Saturday, Feb. 11.



Fashion Walks on the Wild Side

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You CAN Make A Difference in Your Community!

Run for the McLean Community Center Governing Board

PUBLIC NOTICE OF ELECTIONS

McLEAN COMMUNITY CENTER GOVERNING BOARD SMALL DISTRICT 1A OF THE DRANESVILLE DISTRICT FAIRFAX COUNTY, VIRGINIA

This **NOTICE** of elections to select members of the 2012-2013 Governing Board of the McLean Community Center is officially given to residents of Small District 1A of the Dranesville District, Fairfax County, Virginia (referred to as "Small District 1A"). The McLean Community Center operates as a Special District Agency of the Fairfax County Government through a Memorandum of Understanding between Fairfax County and the McLean Community Center. On February 8, 1984, the Fairfax County Board of Supervisors approved the Memorandum of Understanding, which authorizes the elections. The McLean Community Center is funded by residents of Greater McLean for their use through a real estate tax surcharge, the result of a 1970 Small District 1A-Dranesville bond referendum.

Elections are held on **McLean Day** at Lewinsville Park, 1659 Chain Bridge Road, McLean, Virginia. This year, McLean Day is on **Saturday, May 19, 2012**.

Voting on McLean Day takes place from 10:30 a.m. to 5 p.m.

Only Small District 1A residents are eligible to run for seats on the 11-member McLean Community Center Governing Board and to vote in the election. Residents are not required to be property owners in Small District 1A in order to run for the Governing Board or to vote in the election.

Candidate Qualifications: Each resident who lives within Small District 1A is eligible to run for a seat on the Governing Board within the appropriate category.

The Governing Board seats to be filled through the election are:

Three (3) Adult Governing Board Seats: Adult candidates must be residents of Small District 1A and must be at least eighteen (18) years of age by McLean Day. The candidates who receive the three (3) highest numbers of votes will serve three-year terms on the Governing Board. (If you need help determining whether you reside in Small District 1A, please contact the McLean Community Center at 703-744-9348 or elections@mcleancenter.org.)

Two (2) Youth Governing Board Seats:

One (1) Governing Board youth seat for teens living within the McLean High School boundary area
One (1) Governing Board youth seat for teens living within the Langley High School boundary area

Teen candidates must live in Small District 1A and must be between fifteen (15) and seventeen (17) years of age by McLean Day. One candidate from each high school boundary area receiving the highest number of votes will serve a one-year term on the Governing Board. High school boundaries are set by the Fairfax County Public Schools.

NOTICE TO TEENS: You must live within Small District 1A. However, you *do not* have to attend either McLean or Langley high schools. You can attend another school, including one that is outside of Small District 1A, or you can be home schooled.

In some cases, you might live within the boundary of one of the two high schools, but attend school in the other high school boundary. For example, you could attend McLean High School, but live in the Langley High School boundary, or vice versa.

***You must run for the youth board seat for
the high school boundary area where you live.***

You can find your high school boundary area by entering your home address in the Fairfax County Public Schools' boundary tool at <http://boundary.fcps.edu/boundary/>.

Remember: No matter where you attend school, you must still live within Small District 1A and run for election in the correct high school boundary area. (If you need help, please contact the McLean Community Center at 703-744-9348 or elections@mcleancenter.org.)

Candidate Petitions: Nominating Petitions may be obtained at the McLean Community Center, 1234 Ingleside Avenue, McLean, Virginia, 22101, beginning at 9 a.m. on **Tuesday, February 21, 2012**. Adults seeking to become candidates for a seat on the Governing Board must get the signatures of ten (10) residents of Small District 1A who are 18 years old or older (by McLean Day). Teens seeking to become candidates for a youth seat on the Governing Board must get the signatures of ten (10) residents of Small District 1A who are between 15 to 17 years old (by McLean Day), and who live within the same high school boundary area as the candidate lives.

DEADLINE: Each resident seeking election to the Governing Board of the McLean Community Center shall file a completed petition with the McLean Community Center at the address shown below **on or before 5 p.m. on Friday, March 23, 2012:**

**McLean Community Center
1234 Ingleside Avenue
McLean, VA 22101**

All petitions will be certified on **Friday, March 23, 2012**; candidates will be notified whether their petitions have been certified on the same date. The names of certified candidates will be published in newspapers having general circulation in the Dranesville District.

Voter Qualifications: Each resident who *lives* within Small District 1A is eligible to vote in the Governing Board elections (within the adult or youth categories, as appropriate).

When voting in the elections, the qualifications are:

Adults: Any Small District 1A resident who is eighteen (18) years of age or older by McLean Day is eligible to vote in the elections. Adults may vote for up to three (3) adult candidates.

Teens: Any resident who is fifteen (15) through seventeen (17) years of age by McLean Day is eligible to vote in the elections. Teens may vote for one youth candidate from each high school boundary area (but not for two candidates in the same high school boundary area).

Verification of age and residence shall be determined from a driver's license, student identification card, birth certificate, or other satisfactory evidence. A verification process also is required for residents choosing to apply for absentee voting.

Absentee Voting: Residents may vote by absentee ballot. Applications for Absentee Ballot packages will be available at the McLean Community Center, 1234 Ingleside Avenue, McLean, Virginia, 22101 beginning on **Monday, April 9, 2012** at 9 a.m. Applications for Absentee Ballot packages may be requested in-person, by email at elections@mcleancenter.org, and by telephone at 703-744-9348. Please also refer to the McLean Community Center's Website for updated information regarding the absentee voting process (www.mcleancenter.org). The **DEADLINE** for returning a **completed and signed Application for Absentee Ballot and the Absentee Ballot** to the McLean Community Center is **Wednesday, May 16, 2012, at 5 p.m.**

Election Results: Election results will be posted on the door of the McLean Community Center on the evening of the elections. The McLean Community Center's Elections & Nominations Committee will report the results of the elections to Dranesville Supervisor John W. Foust, who will present the successful candidates to the Fairfax County Board of Supervisors at its next regular meeting following the elections. At that meeting, the Fairfax County Board of Supervisors, after determining that it is in the public interest to do so, shall appoint to the McLean Community Center Governing Board:

The three (3) adult candidates who received the top three (3) highest number of votes

Two (2) youth candidates – the candidate who received the highest number of votes in each of the two (2) high school boundary areas

The appointment of new Board Members shall be effective upon action by the Fairfax County Board of Supervisors. Newly appointed Board Members will take office when they attend their first meeting of the 2012-2013 Governing Board. The 2012-2013 Governing Board's term runs from May 2012 through May 2013.

For more information about the elections, please call 703-744-9348 or email the McLean Community Center at elections@mcleancenter.org.

Chair
Elections & Nominations Committee
McLean Community Center Governing Board



**McLean
Community
Center**
The Center of It All

From left, Kervin Germain, Casey Preston and Amie Cazel of Deana's Educational Theater speak about the realities of teen dating abuse at McLean High School Thursday, Feb. 9.



PHOTOS BY
ALEX McVEIGH/
THE CONNECTION

Forum Examines Teen Dating Violence

Program addresses role of students, parents, bystanders.

BY ALEX McVEIGH
THE CONNECTION

Teenagers are often given statistics and lectures about what constitutes dating abuse, but the Feb. 9 program "What's Love Got to do With it: Healthy Relationships and Dating" at McLean High School addressed the problem from a number of different angles.

The event, which was a joint effort between the Safe Community Coalition, the McLean High School, Langley High School, Thomas Jefferson High School for Science and Technology PTSAs and the Madeira School, began with a performance by Deana's Educational Theater.

The Massachusetts-based theater group performs around the country addressing teen dating violence issues. They performed "Remote Control," an interactive event that shows a relationship gone bad.

"The play is to help people recognize the warning signs of abuse early on," said Amie Cazel, an actress with the group who plays the victim of dating abuse in the play. "People assume that it's young love, that maybe it will be crazy, but there are red flags that indicate very serious problems."

Actor Casey Preston played a friend of Cazel and Kervin Germain played her abusive boyfriend. Preston interjected during various portions to discuss what the audience was seeing.

"I thought the play, which presented realistic scenarios of what dating abuse starts as and can turn into, was very valuable for our teens to see," said Henrietta Blank, parent of an Arlington County high schooler. "Teenagers are used to drama in relationships, but like the play pointed out, there is a point where it becomes dangerous to those involved, and I hope if anyone in the audience saw something familiar during the performance, that they know it's not acceptable behavior."



Mimi Wiseberg, a licensed social worker, and Dr. Khaled Basiouny, an INOVA Fairfax Hospital trauma physician, speak about the mental and physical dangers of teen dating violence at McLean High School Thursday, Feb. 9.

Through Preston's use of his remote control during the play, and with suggestions from the audience, he was able to help his friend avoid any serious consequences.

THE SECOND PART of the program presented the harsh reality of the consequences of dating abuse, featuring Lynne Russell, mother of Siobhan Russell,

SEE DATING, PAGE 9



The Sanson Family at Thanksgiving 2011, soon after Eric began walking following a heart transplant in July 2011. Front row: Donna, Eric, and Rachel (Langley HS Class of 2012). Back row: Tim (LHS '14), Peter (LHS '10) and Joe (LHS '08).

Heart Healthy in Great Falls

Sansons find supportive community in Great Falls, McLean.

BY JEAN T. JIANOS
THE CONNECTION

Great Falls resident Eric Sanson knew that he was at risk for a heart attack because of his family history, so twenty years ago, he was proactive in establishing a relationship with Northern Virginia cardiologist, Dr. Anne E. Summers of Cardiac Care Associates. Dr. Summers' stated philosophy is "to listen and handle with care," which is exactly what she did with Sanson. He credits Dr. Summers' "sharp ear" while listening to his heart through her stethoscope and identifying the fact that his heart was swelling. After some tests, Sanson was diagnosed with idiopathic cardiomyopathy, or heart muscle disease with no known cause, resulting in deterioration of the function of the actual heart muscle.

SANSON'S GOAL from there on out was to keep his heart pumping to the best of its ability despite the swelling and weakening of the heart muscle. While Sanson could not prevent cardiomyopathy, he could reduce his chance of heart failure by taking as many steps as possible to control risk factors that would make his heart work harder than it was able. He did not have the coronary artery disease that was part of his family medical history. He had always been athletic, playing a variety of sports as a young man, including collegiate foot-

ball while a student at Whitworth University in Spokane, Wash. Growing up in San Francisco, his physical activity was not limited to organized sports, but extended to fishing in the San Francisco Bay and other outdoor activities. He also took medication as prescribed to reduce high cholesterol and to otherwise maintain heart function. And with regard to trying to control such things as high blood pressure with good nutrition, as well as getting enough vitamins and minerals, Sanson's wife Donna says that their four children "were three steps ahead of us." She continues, "Kids today are more knowledgeable and have the opportunity to eat healthier. They are amazingly conscious of the food that they eat."

Irregular heartbeats were creating extra work for Sanson's heart, further weakening his heart muscle, so eight years ago he received the first of two implantable cardioverter defibrillators ("ICD"). After the second ICD, Sanson underwent open-heart, Cardio-Maze surgery in November of 2010, hoping that surgically creating a maze-like pattern of scar tissue, which does not conduct electrical activity, would block the abnormal electrical signals causing Sanson's irregular heartbeat. After that, it was determined that Sanson would need a heart transplant. Given his age and the steps he had taken

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NEWS

Students Conduct Kitchen Experiments

Village Green Day School hosts annual science fair.

BY ALEX McVEIGH
THE CONNECTION

Students at the Village Green Day School presented their annual Science Fair Friday, Feb. 10. The pre-kindergarten and kindergarten students spent the last few weeks experimenting and discovering what science their kitchens offer.

"We wanted the students to turn their kitchen into a science lab," said Paula Shapiro, the school's director of curriculum. "They took something like a family recipe, or something they wanted to make, and experimented by omitting, adding or changing something and documented the results."

Whether it was brownies without eggs, pancakes without flour or a vanilla cake with vinegar, the students kept track of every step with video and photographs. Many even brought in their handiwork.

Kais Saleh presented his Super-sonic Skylander Spaghetti and Meatballs, which were the result



Cameron Cambetta presents his science fair project, pancakes made with and without a variety key ingredients at the Village Green Day School Friday, Feb. 10.

of excessive experimentation.

"I tried leaving out the egg, but the meatballs collapsed, and if I left out the cheese they didn't taste as good," he said. "And I couldn't leave out the meat, because then they wouldn't be meatballs."

Saleh presented his perfected

meatballs, along with sauce and pasta, to parents and visitors to the fair.

Owen Sherrill was more comfortable with addition than subtraction.

"I melted Swedish Fish and mixed them into Rice Krispie



Simon Burmudez, a student at the Village Green Day School, plays his Rainbow Marimba during the school's Science Fair Friday, Feb. 10.

PHOTOS BY
ALEX McVEIGH/
THE CONNECTION

Treats," said Sherrill, who named his creation "Rice Fishpie Treats." "Swedish Fish is a candy I like, but they were a little hard to spread after I melted them, they just turned into big globs."

Brownies were Will Costello's experimental material. He made one pan without flour, one without eggs and one that he cooked for half the recommended time.

"The ones without the flour turned out the best," he said. "We cooked it in a cheesecake pan, and my dad looked it up on the

internet and said it would work well."

As parents toured the various exhibits, several of them were brave enough to try the experiments, but almost every student was more than willing to try anything put in front of them.

"Anything we can do to get students involved in science, to get them asking questions and work on finding answers, we'll do," Shapiro said. "We're trying to get them into that way of thinking as early as possible."



With all of Our Hearts

Thank You from the Sansons to:

The Great Falls Community
The McLean Community
Eric Sanson Fund Committee
United Methodist Church

The Brogue Restaurant
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Mason du Vin
Brix Restaurant

Romantica Deli
The Homestead Resort
The Ritz-Carlton

Community Rallies to Support Neighbor

FROM PAGE 3

to maintain his overall health, his wife Donna says, "Eric was an ideal candidate," so he was put on the transplant list in February of 2011. Sanson underwent another open-heart surgery in March, 2011 to implant a mechanical heart pump (left ventricular assist device, or "LVAD"), which helped

blood circulate through Sanson's heart and allowed him to live at home with his family while waiting. In July of 2011, a donated heart became available, although Sanson does not remember taking the call due to some memory loss after the transplant.

While acknowledging the medical miracles that kept her husband's heart pumping and

which have given him a new, healthy heart, Donna Sanson says that, "what is truly miraculous is the way in which the whole community of Great Falls, McLean and beyond, has put their arms around us."

THE SANSONS made the decision to stay in Great Falls after they sold their home, and have relo-

cated to a rental home that is more economical and user-friendly for Eric in his continuing recovery. On moving day, members of the community, including entire families and groups of children, were on hand to clean and unpack. Another example of the way in which the community has rallied around her family, which Donna says, has revealed to her a connection to

community that thrives in and around Great Falls as much as she ever would experience in her native Oklahoma, surrounded by extended family and multi-generational friends, neighbors and business associates.

To learn more, visit the Eric Sanson Fund on Facebook or contact the Eric Sanson Fund Committee by email at: ERICSANSONFUND@gmail.com.

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Barbara Parkinson

Barbara Parkinson, 67, Longtime Connection Employee, Dies

Barbara Jean Parkinson, 67, of Sterling, Va., died Feb. 7, 2012 at her residence. Born on Sept. 17, 1944 in New York she was the daughter of the late Charles and Elizabeth Lundy. Ms. Parkinson was a member of Cornerstone Chapel in Leesburg, Va.

Barbara attended Michigan State University where she received her Bachelor's Degree in Music. During her college years she was a member of the singing group known as The Jills. Being a Music major in college she had a talent and love for music. She also played the piano and enjoyed singing.

She worked for Connection Newspapers for many years.

Barbara enjoyed and loved spending time with her grandchildren and doing crafts with them.

Barbara was passionate about her faith and enjoyed sharing it with others.

She is survived by her son Mark Parkinson and his wife Rachel, of Purcellville, Va.; daughter Jennifer Daughtry and her husband Jay of Sterling, Va.; brother Wayne Lundy of Loveland, Ohio; and five grandchildren.

A graveside service was held on Friday, Feb. 10, 2012 at Ebenezer Cemetery, in Round Hill, Va. with Pastor Mike Emerson officiating.

Memorial contributions can be sent to the Cornerstone Chapel at www.cornerstonechapel.net.

Please visit www.hallfh.com to express online condolences to the family.

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THE COUNTY LINE

Fairfax County Considers Meals Tax Referendum

Revenue would be earmarked for transportation projects.

BY VICTORIA ROSS
THE CONNECTION

Last week, it looked as if the Virginia General Assembly might give Fairfax County something it has craved for years: the ability to generate new revenue through user fees, such as tax on restaurant meals, which would drive down the County's reliance on property taxes.

"We had heard rumblings that the state might give us the authority to do that," said Supervisor Jeff McKay (D-Lee), chairman of the board's transportation committee. "That's how we started talking about a meals tax that would generate revenue for transportation upgrades."

But when McKay and several other supervisors went to Richmond last Thursday to review the bills coming out of the Virginia General Assembly, they spotted the stick that came with that carrot.

"Yes, they were saying, we'll give you this authority, but you also have to take responsibility for maintaining your roads," McKay said. "The other shoe dropping was basically the sound of devolution... That's what really infuriated me."

Virginia is one of three states in the country where the state, rather than local counties and municipalities, have the responsibility to maintain substantially all public roads. McKay said the pending legislation would transfer that maintenance responsibility to the County (a process known as devolution), but not return to the County any of the state tax revenues that currently pay for that maintenance.

"It's time for Fairfax County to stop being the state's ATM machine," McKay added. "The state continues every year to suck more money from Northern Virginia... We're not going to let the state off the hook for its responsibility to maintain our roads."

Rather than relying upon the Commonwealth to grant the County additional taxing authority to address anticipated budget shortfalls, Supervisors are now considering asking voters to approve a meals tax through a referendum. Such a referendum would not require additional authority from the General Assembly.

A VOTER REFERENDUM on a meals tax is an idea that gained bipartisan support during a two-day retreat for the board held last Monday and Tuesday, Feb 6-7, at the Lorton Workhouse Arts Center.

Although similar referendums have failed in the past, supervisors say voters might approve the tax if they were assured the revenue would go directly to a specific list of transportation improvements, such as widening roads and building interchanges to reduce gridlock.

Supervisor John Cook (R-Braddock) said a 4 percent tax on restaurant meals - something that Vienna, the City of Fairfax and Alexandria already do - could generate up to \$80 million a year over the next de-



Chairman Sharon Bulova (D-at-large) reviews goals during the Board of Supervisors retreat, held Feb. 6-7 at the Lorton Workhouse Arts Center.

cade. He said there is also a potential \$150 million on the table from a list of transportation-related fees the board discussed in 2007.

"We had a pretty robust discussion of what it would take to meet our transportation needs," Cook said. He said the sobering financial picture presented by County Executive Tony Griffin revealed a \$300 - \$400 million gap "between what we need in Fairfax and what we would get under current law and budgets."

"If voters approved a meals tax referendum, we could start to close that gap. It's worth having a serious discussion about this," Cook said. But Cook stressed he has not come down one way or the other on the meals tax referendum, but he does want it to be part of the discussion.

"We have to wait and see what ends up passing in Richmond, We need to step back and let state have its session," Cook said. "There's all sorts of things flying around - an index tax, whether there's devolution or not - and we need to have a hand on the spoon stirring the pot. I have not endorsed it or rejected it."

CHAIRMAN SHARON BULOVA (D-at-large) said a meals tax could be a source of funding for road maintenance, education or tax diversification.

But Bulova also noted the precarious success rate of similar referendums in the past, when voters rejected tax increases in 1992 and 2002.

"A lot has changed since those referendums failed," Bulova said. "In my heart of hearts, I think we should have a meals tax because everyone around us has it. It levels the playing field."

Senator Chap Petersen (D-34) said even though Vienna and the City of Fairfax have 4 percent meal tax, "the board needs to really lobby the issue in order to get passage."

Bulova agreed, saying that community engagement is key to the success of any referendum.

"There's no way I would support putting a meals tax to a referendum without it being clearly defined. And we would have to have, if not support, then at least neutrality from restaurant associations."

"There was agreement on the board that this was the beginning of the discussion not the end," Bulova said. "Transportation funding is parked in future transportation meeting and budget committee meetings. We don't have an action plan yet."

"It's time for Fairfax County to stop being the state's ATM machine."

— Supervisor Jeff McKay (D-Lee)

Wolf's Crusade

Book tells his experiences with human rights violations around the world.

BY ALEX MCVEIGH
THE CONNECTION

As a public servant for more than 30 years, Rep. Frank Wolf (R-10) has had his share of experiences. But it was a trip to Ethiopia in 1984 that he calls a "life changing experience," because it opened his eyes to human rights violations around the globe.

Since that trip, Wolf has traveled to the Sudan, Kabul, Romania, Beijing and more, witnessing some of the worst cruelty human beings are capable of. His travels inspired his recent book, "Prisoner of Con-

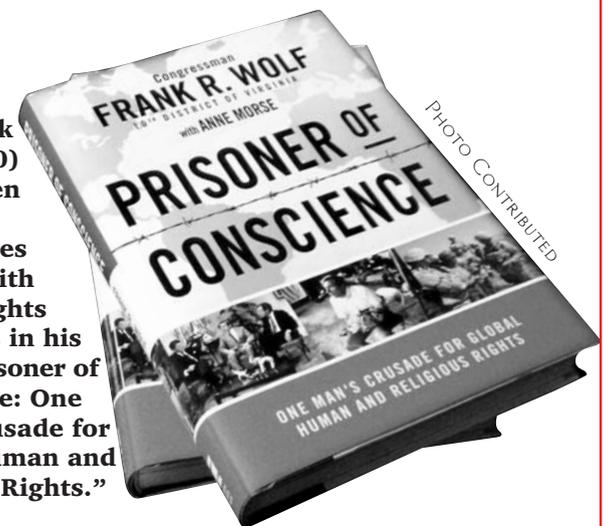
easier now than it's ever been, but the problem is at times there seems to be less interest."

Wolf's experiences don't all stretch back to ten, twenty, thirty years ago. He recalled going to Beijing for the 2008 Olympics to meet with some religious leaders, and found they had been recently attacked. Other situations haven't changed much either.

"The genocide in Darfur is still going on," he said. "You go over there right now, there would be women living in the same camps as they were the day I went there five years ago," he said.

He said he is frustrated at

Rep. Frank Wolf (R-10) has written about his experiences dealing with human rights violations in his book "Prisoner of Conscience: One Man's Crusade for Global Human and Religious Rights."



science: One Man's Crusade for Global Human and Religious Rights," which tells the story of his efforts to bring these crimes to light.

"During the '80s, it seemed like there was always strong bipartisan support for human rights," Wolf said. "But I noticed at the end of the Bush administration, that really waned and during the beginning of the Obama administration the same thing happened."

Wolf said he has noticed the change that social media has brought about, especially with the uprisings in the Middle East over the last year, but he said it's a mixed blessing.

"We're almost hitting an information overload," he said. "It's very hard now for governments to keep things quiet, a lot what we're finding out about what's taking place in Syria is because of social media. If we want to be engaged and change these governments, I think it's

times with current attitudes towards human rights issues.

"There's less of a concern with these issues in the administration, and less of a concern in congress in both political parties," he said. "I'm really not seeing progress for some reason, maybe it's the economy... but I'm just not seeing it now."

Wolf says his experiences have shown him that it is possible to enact change when it comes to exposing human rights violations, but that it will take a shift in attitude from the way things are currently going.

"The Declaration of Independence says all men are created equal, and have a right to life, liberty and the pursuit of happiness," he said. "I think when we advocate and speak out, it really can make a tremendous difference to people all over the world, as we would want someone to do if we were in the same situation."

OPINION

Saving the Bay: A Good Investment

Cleaning up the water that runs into the Chesapeake Bay will help create jobs and economic activity in Virginia.

A plan to raise \$300 million in bonds to upgrade wastewater treatment plants around the commonwealth stalled in a House of Delegates committee last week, a setback in meeting EPA requirements to clean up the water that leads to the Bay. Money is tight, lawmakers say, although an identical plan cleared the Senate.

Let's be clear that part of what we're talking about by delay is continuing to allow raw sewage to run into Virginia's waterways every time it rains.

This is like deciding to let the toilets in the house overflow rather than spend money on the plumber. Not only is it unhealthy and unpleasant, it also makes Virginia less attractive for tourists and eco-tourists.

Upgrading the sewage treatment plants will

generate jobs, but also upgrade the quality of the water Virginians depend on for drinking, household and business use and recreation.

More than 30 years of "saving" the Chesapeake Bay has accomplished about half of what needs to be done. The bay is primary attraction for tourists in Virginia, and is the basis for many jobs. The investment in the health of the bay is a jobs bill for Virginia.

Aside from upgrading the treatment plants, states in the Chesapeake Bay watershed will need to find ways slow the pace of stormwater runoff, do better with erosion control, change some agricultural practices to keep "fertilizer" from rushing into waterways every time it rains, and more. Efforts made upstream by other states will also benefit Virginia's water-

ways. There are new green and more cost effective ways to go about many of these tasks.

The mission will also need the continued involvement of individuals and organizations who are dedicated to the Chesapeake Bay.

It's an investment that will pay dividends for Virginia.

Pet Connection

Send us photos of your pets this week for inclusion in next week's Pet Connection. Our favorite pictures include both pets and humans. Please identify everyone in the photo, give a brief description of your pet, include address and phone number, and email to: north@connectionnewspapers.com

Community Engagement, Transportation Dominate Agenda Chairman reflects on Board of Supervisors retreat.

BY SHARON BULOVA
CHAIRMAN, FAIRFAX COUNTY
BOARD OF SUPERVISORS



On Monday and Tuesday, Feb. 6-7, Board of Supervisors engaged in a two day Strategic Planning Retreat. The retreat, held at the Lorton Arts Workhouse Center, was an opportunity for board members to engage in some informal, in-depth discussion of our respective district issues, as well as countywide opportunities and challenges. Our location, the site of the former Lorton Prison, served as an impressive example of revitalization and historic re-use in the South County area of Fairfax County. The old prison buildings, built at the beginning of the 20th century, are now home to artists' studios and performance arenas. If you haven't visited, I hope you will do so. During a tour of the studios at lunchtime, I chatted with several of the artists and vowed to return to purchase some original artwork.

The importance of Community Engagement was woven throughout all topics during our two days. The board recognized that we make the best decisions when we have the community at the table with us. Some examples of especially successful community engagement have been our Community Dialogues on the Budget, Neighborhood College sessions, the Parks Listening Tours, and our use of new social media using online chats and surveys. Engag-

ing our growing minority and immigrant community, as well as our younger generations, was identified as a challenge and will be the subject for future Board discussion.

❖ Day One of our Retreat included a presentation by Fairfax County's Financial Advisor, Public Financial Management, (PFM Group) on how the Rating Agencies view us. We were described as having "Gilt Edged" ratings, which we're very proud of and which saves us millions of dollars when we sell bonds to pay for County and School facilities. Board members were complimented on our disciplined fiscal stewardship and adherence to the 10 Principals of Financial Management that guide budget decisions. The presentation sparked discussion about how large or small the county's liquid reserves need to be. Rating agencies would like them to be larger. Budget watchdogs question whether we have too much "cushion" that should instead be used to reduce the tax rate, or fund more services. More discussion of adequate vs. inadequate reserves will be subject to future discussion.

❖ Transportation played a major role on our agenda during both days. Each Board member spoke to the need to identify creative, multimodal solutions to traffic

congestion within their districts and throughout Fairfax County. With less and less funding coming from the federal government and the state, local governments are pressured to assume more responsibility for transportation - for capital, operation and maintenance. A great deal of discussion took place both days about a new Board of Supervisors Four-Year Transportation Plan that will be developed during upcoming Board Transportation Committee meetings, as well as potential sources of new revenue to support it.

Our Board continues to be concerned about plans at the state level to "devolve" the maintenance of neighborhood and secondary streets to the localities. Without sufficient state investment, our streets have deteriorated to an alarming degree. Assuming this responsibility without sufficient funding will result in a significant cost to local taxpayers.

❖ The topic of Transportation was coupled with a presentation on our Financial Outlook as we undergo a sluggish recovery from the Great Recession and as we face additional major Capital and Operational Challenges to support our growing and changing community. Bottom line, we have more needs than anticipated revenue. Both opportunity and challenges will result from future economic development and from the redevelopment of older parts of Fairfax County. The presentation was extremely valuable in setting the stage for this Board's challenges as we begin this four year term.

❖ The second day of our retreat ended with a discussion of planning and development - The Next

Planning Horizon. When Fairfax County experienced its earlier periods of growth we were a community of farms and villages. The early planning process involved Annual Plan Reviews, later changed to Area Plan Reviews. Early planning called for everything (residential, retail, commercial) to be separated from each other. The pattern requires us to get into our car in order to get almost anywhere. Newer development strategies call for more mixed use, "walkable" communities and more connections of pedestrian, bike and transit modes of transportation.

As Fairfax County matures, our growth and development will involve more Redevelopment and Revitalization of our older commercial and industrial area. Retreat discussion on this topic dealt with how we can adopt better tools for this pattern of development, and how best we can engage our community in the process. The development of a Next Planning Horizon process will take place during the next months at the Board's Revitalization Committee.

❖ Education continues to be our number one priority. Throughout the retreat Board members expressed that they are looking forward to meeting with members of the School Board at a full day retreat on Saturday, Feb. 25. A number of areas for collaboration (human services, transportation, sharing capital facilities) were suggested for discussion at that venue. As we continue to struggle with fiscal challenges and changes, it is critical that we forge an effective working relationship with our partners on the School side of the aisle.

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NEWS

Casey Preston of Deana's Educational Theater speaks to audience members about the signs of teen dating abuse at McLean High School Thursday, Feb. 9.



PHOTO BY ALEX McVEIGH/ THE CONNECTION

Dating Violence Examined

FROM PAGE 3

who was murdered in April 2009 at age 19 by her ex-boyfriend. Lynne Russell, of Oak Hill, founded Dating Abuse Stops Here in response to her daughter's death.

"We overestimated her ability to make a choice to leave the relationship. We now know from statistics that it takes about seven attempts for a person to break free from an abuser. It also takes a great deal of courage and a great deal of support," Lynne Russell said. "Teen victims of dating violence are more likely to smoke, to use drugs, engage in unhealthy diet behaviors, engage in risky sexual behaviors or to attempt to consider suicide. The toll to our society is tremendous."

Tania McCaffrey of Falls Church said Russell's story made her determined to keep her eyes open for signs of abuse.

"To hear what she went through, and what happened to her daughter makes me sick to my stomach, but I really admire her for using that tragedy to reach out to communities like this about what we can do to prevent it in the future," she said. "I know I'll be keeping a closer eye on my daughter and try and keep the lines of communications open as much as possible. I know there's a line between caring and prying, but I'd rather occasionally step over it than let any kind of abuse go unnoticed."

The final portion of the presentation featured speakers Mimi Wiseberg, a licensed social worker, and Dr. Khaled Basiouny, an INOVA Fairfax Hospital trauma physician.

Wiseberg recommended that parents always be vigilant to the moods of their children, and while it might be a delicate matter, discussing concerns

should be a priority.

"When you see trouble, you need to stop and have a conversation. Probably not that night, but the next day, say 'I noticed you were unhappy when you came home from your date, and you just don't seem happy right now,'" she says. "Let them know you can talk, you can listen. Calm your own anxiety as an adult, and then come back to it."

Speaking from his experience as a surgeon, Basiouny said the results of abuse he sees only represent a small portion of the abuse actually occurring.

"At Fairfax Hospital last year, we had 700-800 domestic violence assaults that happened in our community. Of those, 250-300 were associated with individuals under the age of 21, and more than 80 percent of those had a rape kit involved, which is what we do to screen for rape," he said. "It's important to recognize that these are just people who felt they had to come to the hospital, so that's probably only about 20 percent. The rest don't reach that point, so they don't report it."

PARENTS who attended said they were impressed with the scope of the event.

"I think they did a great job of approaching the problem from every aspect, from the teenager to the adult, to the person being abused to the person witnessing it and even from a mental and physical standpoint," said Charles Palck of McLean. "It's just one of those things that would be great to pretend doesn't happen, but that's not an option. Ignorance is not an option for us, our community and especially our children."

Preston, who has performed a variety of shows around the country, said "this is one of the more impressive events I've seen, and I wish more things like this occurred."

BULLETIN BOARD

To have community events listed in the Connection, send to greatfalls@connectionnewspapers.com. Deadline is Friday.

WEDNESDAY/FEB. 15

Vienna Woman's Club. 7 p.m. Vienna Community Center, 120 Cherry St. S.E., Vienna. Diane LaHaie, BS, MBA, RD, a dietician at the Hebrew Home of Greater Washington, with a specialty certification in gerontology, will discuss "A Review of the Popular Diets; with the Balanced Diet We Should Be Eating". www.viennawomansclub.org.

THURSDAY/FEB. 16

Vienna Theatre Company Auditions: "The Fantasticks."

7:30-9:30 p.m. Vienna Community Center, 120 Cherry St. S.E., Vienna. Auditions consist of vocals and movements for all characters except the Mute, Mortimer, and Henry and cold readings from the script. The show is scheduled to open April 20. 703-255-6360 or www.viennatheatrecompany.org.

FRIDAY/FEB. 17

Men's "Wood Bat" Softball Tournament. Southside Park, Vienna. For men age 18 and up. \$150 per team. A roster and \$50 non-refundable deposit will be required at registration. Registrations will be accepted on a first come first serve basis and are due by Friday, Feb. 24, which is also the close of registration for the Vienna Parks and Recreation Department's 2012 Men's Softball

League. 703-255-6352 or eguzman@viennava.gov.

SATURDAY/FEB. 18

Brinker Toastmasters. 9:30 a.m. at Vienna Presbyterian Church, 124 Park St. N.E., Vienna. Meets second and fourth Saturday of the month. brinker.wordpress.com.

Men's "Wood Bat" Softball Tournament. Southside Park, Vienna. For men age 18 and up. \$150 per team. A roster and \$50 non-refundable deposit will be required at registration. Registrations will be accepted on a first come first serve basis and are due by Friday, Feb. 24, which is also the close of registration for the Vienna Parks and Recreation Department's 2012 Men's Softball League. 703-255-6352 or eguzman@viennava.gov.

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 All listings are due by Monday at 3 P.M.

Langley High School students from Advanced Fashion Marketing participate in the "Queens of the Jungle" portion of the Langley Fashion Show Saturday, Feb. 11.



PHOTOS BY ALEX McVEIGH THE CONNECTION

Fashion Walks on the Wild Side

Langley High School hosts annual fashion show.

By ALEX McVEIGH THE CONNECTION
 The Langley High School auditorium was transformed into a scene from "The Jungle Book" Saturday night, as they hosted their annual fashion show, "Walk Into the Wild." Students, faculty and families strode on the runway

showing the latest in jungle-themed fashions. A packed house at Langley witnessed the show, which was put on by students in the Advanced Fashion Marketing Class. More than 200 students served as models. "They put on quite a show, it's hard to believe this is just a high school show," said Samantha Freeman, whose niece was in the show.

"They really had the look of professionals, everyone who got on the runway seems so confident, you could really sense the time and effort that went into the show." One scene featured outfits that were entirely designed, sewn and modeled by students. The outfits represented a variety of different styles, depending on what each student preferred.

"It's amazing the skills these kids have, to put together dresses and other outfits that looked like they came out of some catalog," said Phil Ancini, one of the attendees. "I don't know much about fashion, but I know that it takes real skill to turn pieces of fabric into what we saw on stage last night. I think all of these kids have a bright future in this if they choose to pursue it."

Langley students perform in the school's annual fashion show, "Walk Into the Wild," Saturday, Feb. 11.



From left, Langley students Sam Carswell and Lexi Officer serve as announcers for the annual Langley High School Fashion Show Saturday, Feb. 11.



Students walk the runway during the annual Langley High School Fashion Show Saturday, Feb. 11.

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NEWS



PHOTO BY ALEX McVEIGH/THE CONNECTION

From left, John Marsh, his daughter Maureen, Rep. Jim Moran (D-8) and Carol Phelan-Marsh. Maureen, a junior at Langley High School, survived a rare form of bone cancer, and despite doctor's predictions, she was able to recover from surgeries and chemotherapy to play volleyball again. Moran recognized the Marshes and the Langley community Monday, Feb. 13.

Langley Comes Up Big for Marshes

Rep. Jim Moran (D-8) recognized Langley community for supporting student through cancer battle.

BY ALEX McVEIGH
THE CONNECTION

When Langley High School volleyball player Maureen Marsh began experiencing knee pain her freshman year, doctors told her it was just growing pains. But the pain persisted, and trainers eventually found a small lump on her knee. A bone biopsy on Oct. 15, 2009 confirmed something else: a rare form of bone cancer known as osteosarcoma.

Marsh began chemotherapy in November 2009, and in January 2010 she had extensive surgery.

"It's a rare form of cancer, there's only about 35 people every year that get it. As a parent, your first reaction is to look up information on the Internet, but the information we were finding was 10 years old," said John Marsh, Maureen's father. "They replaced her right knee joint and removed five inches of her femur, while also adding a 12-inch titanium rod."

Maureen Marsh, now a junior, went through eight months of chemotherapy, and doctors told her she would never play volleyball again. But with the support of her family and the Langley community, she has returned to court, and has excelled in school as well, getting straight A's last semester.

To commemorate the occasion, Rep. Jim Moran (D-8) stopped by the school Monday for a brief ceremony.

emony.

"I was so impressed by [Maureen] and also the support group you had, your parents, your coach and trainer," Moran said. "This is so above and beyond, a lot of people would just go about their business and not make that extra effort, but they did make that effort."

Moran also entered a statement into the Congressional Record, honoring the school's collective effort to devote themselves to Maureen Marsh's recovery.

"It's a wonderful testament to the love and caring of a true community," he said. "The team at Langley understood Maureen's wishes and gave her everything she needed during a battle that this young warrior conquered, defying the odds and doctor's prognostications."

Moran also spoke from experience, as his daughter was diagnosed as an infant with a brain tumor that required a major operation.

Maureen Marsh's family said they were overwhelmed with the support given from Langley, and by Moran's recognition of their efforts.

"We emailed his office thinking maybe we'd get a letter, but within minutes we got a phone call saying he would come and recognize what the people here have done," said Carol Phelan-Marsh, Maureen's mother. "We have such a debt of gratitude to this school."

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FAITH

A Fountain of Black History

Mosaic Harmony promotes justice, liberation, unity and God's love.

BY MICHAEL DOAN

As the country celebrates Black History Month in February, Fairfax County has a multicultural interfaith choir that is spreading African-American culture in all of its concerts.

The chorus, Mosaic Harmony, has been singing inspirational songs in the black gospel music style since 1993, with its base at the Unitarian Universalist Church of Fairfax (UUCF) in Oakton.

"Every message from our songs has its foundation in the African-American musical tradition," says David North, director for 15 years. "The spiritual and freedom songs were about mercy and God's power and deliverance. We also communicate justice, liberation, unity and God's love."

Originating from African tribal music, the rhythms and music evolved into the spirituals and metered hymns sung by the Afri-

cans' descendants in this country, he says.

While the majority of Mosaic Harmony's 60 singers are white, the audience can see them swaying, clapping and singing praises as if they were at a revival service in Anacostia, Harlem or East St. Louis. Frequently, the audience joins in.

North's repertoire includes some traditional spiritual pieces as "The Storm Is Passing Over" and "Soon I Will Be Done (With the Troubles of the World)" in a jazzed-up version. But many are contemporary pieces such as Kirk Franklin's "Smile" and a number of North's own works, such as "One Humankind" and "Now Is the Time." All concerts conclude with chorus members holding hands with the audience and singing "Make Us One."

"It is the Word without necessarily the teachings of Christianity," says North. "The lyrics could be what anyone of any faith might

sing to bring a message of good news to someone else. The Moslems, the Jewish and Buddhists are people of good will that believe the same thing that Jesus believed in—the love and the reign of God." The choir's music has frequent references to "Lord" but few to Christ, Jesus or the cross. And God is not referred to as "He."

RELIGIOUS DIVERSITY has been the choir's theme since it was started by the Unitarian congregation in Oakton. Other churches sent members, and there was soon a consensus "to unify the world one song at a time," says Laura Romstedt, the assistant director. Like many gospel choirs, Mosaic Harmony does not rely on printed music. So members don't have to know how to read music. In fact, there are no auditions. The choir rehearses every other Tuesday night at the Oakton church.

Unlike blues, rock or jazz, the music always has an uplifting theme. "No matter how down I have felt going into a rehearsal, I have come out feeling 80 percent better," says member Roxane Hughes.



PHOTO BY DAVID YORK

Mosaic Harmony performs at nursing homes and assisted living facilities throughout the Washington area.

It is the animated choir director who gets most members' credit for lifting their spirits. North sings a number of solos and puts the audience to work by standing, clapping and singing along to some of the fast-paced songs.

THE CHORUS performs and raises money at concerts for a number of charities, such as Coats for Kids, Family Matters, Capital Hospice, Buganda University and the Brain Tumor Foundation. In 1997, Mosaic Harmony won the Human Rights Award from the Fairfax County Human Rights Commission.

While Mosaic Harmony appears throughout the Washington area

(and has even performed in Europe), many of its concerts are in Fairfax County. On Feb. 26 it sings at Tall Oaks Assisted Living in Reston, and on May 12 at the dedication of the United Christian Parish in Reston.

Then comes its annual fund raising concerts "Something to Sing About" on Sunday, May 26, at 4 p.m. at UUCF and Saturday, June 2, at 7 p.m. at Convergence in Alexandria. Tickets for these two concerts are on sale on the website www.mosaicchoir.org. CDs can also be purchased on the website. Information can be received also on Facebook's "Mosaic Harmony" page.

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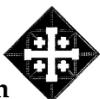


Nursery available at Sunday services



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7:45 a.m. Holy Eucharist, Rite I
9:00 a.m. Holy Eucharist, Rite II
Sunday school/Music: preschool - grade 2
10:25 a.m. Sunday school/Music: grades 3 - 12
11:15 a.m. Holy Eucharist, Rite II
5:00 p.m. Come Just as You Are Contemporary Service

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Vienna Assembly of God ... 703-938-7736
Washington Christian Church...703-938-7720
Cristo Es Mi Refugio...703-938-7727

Baha'i

Baha'i Faith for Northern Virginia ... 703-821-3345

Baptist

Global Mission Church ... 703-757-0877
Peace Baptist Church ... 703-560-8462
Bethel Primitive Baptist Church ... 703-757-8134

Cartersville Baptist Church ... 703-255-7075
Fellowship Baptist Church ... 703-385-8516
First Baptist Church ... 703-938-8525
The Light Mission Church ... 703-757-0877
Vienna Baptist Church ... 703-281-4400
New Union Baptist Church... 703-281-2556

Buddhist

Vajrayogini Buddhist Center... 202-331-2122

Church of the Brethren

Oakton Church of the Brethren ... 703-281-4411

Catholic

Our Lady of Good Counsel ... 703-938-2828
St. Athanasius Catholic Church ... 703-759-4555
St. Mark's Catholic Church ... 703-281-9100

Charismatic

Christian Assembly ... 703-698-9777

Church of Christ

Berea Church of Christ ... 703-893-7040

Disciples of Christ

Antioch Christian Church ... 703-938-6753

Episcopal

Church of the Holy Comforter ... 703-938-6521
Church of the Holy Cross ... 703-698-6991
St. Francis Episcopal ... 703-759-2082

Jehovah's Witness

Jehovah's Witnesses ... 703-759-1579

Lutheran

Emmanuel Lutheran Church...703-938-2119
Christ The King Lutheran Church...703-759-6068
St. Athanasius Lutheran Church... 703-455-4003

Methodist

Andrew Chapel United Methodist ... 703-759-3509
Church of the Good Shepherd ... 703-281-3987
The Vine Methodist Church ... 703-573-5336

BeFit McLean

Outdoor Adventure Expo 2012

Saturday, Feb. 18

10 a.m.-4 p.m.

Admission: Free for all ages!

Looking for **OUTDOOR ACTIVITIES** for the whole family?

Searching for adaptive ways to experience the outdoors?

Ever wanted to learn how to **KAYAK** or **ROCK CLIMB**?

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Delight in our *HomeLifeStyle* sections,
the second week of every month.

Peek at the top real estate sales, glimpse over-the-top remodeling projects, get practical suggestions for your home.

Questions? E-mail sales@connectionnewspapers.com

Suggestions? E-mail mkimm@connectionnewspapers.com

**THE
CONNECTION
NEWSPAPERS**

ENTERTAINMENT

Send announcements to greatfalls@connectionnewspapers.com. Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit www.connectionnewspapers.com

THURSDAY/FEB. 16

"Three Bears." 12 noon 1st Stage, 1524 Spring Hill Road, Tysons Corner. A brand-new play with a comedic twist on the classic fairy tale sends the Three Bears and a golden-haired friend on an a cappella musical adventure. Fast-paced fun for age 5 and up. Tickets \$15 at www.1ststageTysons.org or 703-854-1856.

Seth Glier and Lucy Wainwright Roche. 7:30 p.m. Jammin' Java, 227 Maple Ave E Vienna. www.jamminjava.com.

Saving Incarcerated Military Veterans. 7:30 p.m. Chapter 227, Vietnam Veterans of America Inc., Neighbor's Restaurant, 262D Cedar Lane, Cedar Lane Shopping Center, Vienna. LeRoi Mason, an army veteran and a former 37 year incarcerated Virginia prisoner, will discuss his current successful program, "Returning Citizens", that prepares incarcerated military veterans from returning to prison after being released. Free admission. 703-255-0353 or www.vva227.org.

Book Discussion Group. 7:30 p.m. Great Falls Library, 9830 Georgetown Pike, Great Falls. Call for title. Adults. 703-757-8560.

Gregory Alan Isakov with Jeffrey Foucault. 8 p.m. The Barns at Wolftrap, 1551 Trap Road, Vienna. A blend of punk folk, Americana, and Celtic music. \$18. www.wolftrap.org.

FRIDAY/FEB. 17

Family Skate Night. 6:30-8 p.m. Vienna Community Center, 120 Cherry St., Vienna. Admission \$1. Bring your own roller skates or in-line skates (no scooters) and safety equipment. Parents required to stay with their children. 703-255-6360 or www.viennava.com.

"Almost, Maine." 8 p.m. 1st Stage, 1524 Spring Hill Road, Tysons Corner. A series of whimsical love stories. Tickets \$25. www.1ststageTysons.org or 703-854-1856.

Jammin Java's Mid-Atlantic Band Battle 6 - Finals. 8 p.m. Jammin' Java, 227 Maple Ave E Vienna. www.jamminjava.com.

Friday Afternoon Chess Group. 1 p.m. Great Falls Library, 9830 Georgetown Pike, Great Falls. Players of all ages and skill levels welcome. 703-757-8560.

America's National Parks:

Through the Artist's Lens. 8 p.m. The Barns at Wolftrap, 1551 Trap Road, Vienna. A sampling of photographs from 88 national parks, accompanied by soprano Melissa Shippen Burrows, mezzo-soprano Jamie Van Eyck, tenor David Portillo, baritone Alex Tall and pianist Kim Witman. www.wolftrap.org.

NOVA Roller Derby: Zom'Be My Valentine Ball. 7:30 p.m. Old Firestation # 3, 3988 University Drive, Fairfax. Mix music and the macabre and dance with the undead, to music by Simone and the Spectrum (indie pop), Shade Parade (indie pop/rock) and The Scissor List (indie pop, southern rock and blues). Creative attire optional but encouraged, whether semi-formal zombie, morbid Mardi Gras, or just bloody Valentine red. \$5 admission. Age 21 years or up only. www.novarollerderby.com.

SATURDAY/FEB. 18

Model Railroad (HO Scale) Open House and Display. 1-5 p.m.

Jessica Shearer and Elliott Kashner in the 1st Stage production of 'Almost, Maine' [See Friday, Saturday, Sunday listings].



PHOTO COURTESY OF 1ST STAGE

Historic Vienna Depot, 231 Dominion Road NE, Vienna. The layout depicts the Western North Carolina Railroad (now a portion of the Norfolk Southern) during the period of transition from steam to diesel. Free, donations accepted. www.nvmr.org or 703-938-5157.

"Almost, Maine." 2 p.m. and 8 p.m. 1st Stage, 1524 Spring Hill Road, Tysons Corner. A series of whimsical love stories. Tickets \$25. www.1ststageTysons.org or 703-854-1856.

The Nighthawks at 7 p.m.; **Since Antarctica CD Release and Crooked Crow** at 10 p.m. Jammin' Java, 227 Maple Ave E Vienna. www.jamminjava.com.

"Three Bears." 12 p.m. 1st Stage, 1524 Spring Hill Road, Tysons Corner. A brand-new play with a comedic twist on the classic fairy tale sends the Three Bears and a golden-haired friend on an a cappella musical adventure. Fast-paced fun for age 5 and up. Tickets \$15 at www.1ststageTysons.org or 703-854-1856.

Using Library eBooks and eAudioBooks. 10 a.m. Patrick Henry Library, 101 Maple Ave. East, Vienna. One-on-one instruction on using Fairfax County Public Library eBooks and eAudioBooks available through OverDrive. Call for appointment. Adults. 703-938-0405.

VITA Tax Assistance. 10 a.m. Tysons-Pimmit Regional Library, 7584 Leesburg Pike, Falls Church. IRS-certified volunteers help taxpayers who earned up to \$50k. Adults. 703-790-8088.

Speidel, Goodrich, Goggin & Lille. 7:30 p.m. The Barns at Wolftrap, 1551 Trap Road, Vienna. Guitar-backed harmonies. \$22. www.wolftrap.org.

SUNDAY/FEB. 19

"Almost, Maine." 2 p.m. and 7 p.m. 1st Stage, 1524 Spring Hill Road, Tysons Corner. A series of whimsical love stories. Tickets \$25. www.1ststageTysons.org or 703-854-1856.

Virginia Chamber Orchestra: Baroque to Jazz. 4 p.m. Ernst Community Cultural Center, Northern Virginia Community College Annandale Campus, 8333 Little River Turnpike, Annandale. Music Director Emil de Cou presents Handel's Two concerti grossi from the Twelve Grand Concertos, Opus 6; Tchaikovsky's Andante Cantabile from String Quartet Opus 11, No. 1;

Edvard Grieg's Holberg Suite; Duke Ellington's Solitude and Leroy Anderson's Jazz Pizzicato and Jazz Legato. Reception to follow. Adults \$20, seniors \$18, students free. 703-758-0179 or www.virginiachamberorchestra.org.

"Three Bears." 12 p.m. 1st Stage, 1524 Spring Hill Road, Tysons Corner. A brand-new play with a comedic twist on the classic fairy tale sends the Three Bears and a golden-haired friend on an a cappella musical adventure. Fast-paced fun for age 5 and up. Tickets \$15 at www.1ststageTysons.org or 703-854-1856.

Winterfest. 3 p.m. Oakton High School, 2900 Sutton Road, Vienna. The youth ensemble and youth division of the City of Fairfax Band Association, the Northern Virginia Youth Winds, under the direction of Denny Stokes, presents works by Prokofiev, Gould, Villa-Lobos, Ito, Farkas and Grainger. Tickets \$5. www.nvyw.org.

Sunday Breakfast Buffet. 8 a.m.-12 p.m. Vienna American Legion, 330 Center St. North, Vienna. Adults \$8, children \$3. Omelets, scrambled eggs, blueberry pancakes, bacon and more. Open to the public. 703-938-6580.

Matt & Shannon Heaton. 4 p.m., 6 p.m. and 8 p.m. Old Brogue Irish Pub, 760-C Walker Road, Great Falls. Updated and traditional Irish music on flute, guitar, bouzouki and accordion. \$15. Reserve at 703-759-3309 or www.oldbrogue.com.

Maple Syrup Boil-Down. 12-2 p.m. Colvin Run Mill Historic Site, 10017 Colvin Run Road, Great Falls. Watch and learn as sap from maple trees is boiled down into sweet syrup over an open fire. Sample maple syrup and cornbread. \$3. 703-631-0013.

MONDAY/FEB. 20

"Three Bears." 11 a.m. and 2 p.m. 1st Stage, 1524 Spring Hill Road, Tysons Corner. A brand-new play with a comedic twist on the classic fairy tale sends the Three Bears and a golden-haired friend on an a cappella musical adventure. Fast-paced fun for age 5 and up. Tickets \$15 at www.1ststageTysons.org or 703-854-1856.

TUESDAY/FEB. 21

Fat Tuesday Party with Eric Lindell. 8 p.m. Jammin' Java, 227 Maple Ave E Vienna. www.jamminjava.com.



A pastel drawing by Benjamin Cheshire, "Winter Scent" is typical of the creative work in the "Cold" Exhibition.

Great Falls Artists Present 'Cold' Exhibition

Fifty paintings, ceramics, sculptures, photographs, lithographs and other art pieces suggesting or depicting winter cold will be on display through the end of February in an exhibition featuring works by 26 artists who live or work in Great Falls.

From realistic images of snow scenes to winter animals to abstract compositions using "cold" colors, the varied exhibit shows winter in all its glory.

The exhibit, called "Cold," can be seen only online. To access it, visitors must go to the website of Great

Falls Studios, a network of more than 100 artists based in Great Falls. The address is www.GreatFallsStudios.com. To see the show, click on "virtual gallery." You can enlarge each image and bring up information on each work by clicking again on each piece.

The Great Falls Virtual Gallery opened in 2011. Each month it displays a different themed exhibit of work by artists in Great Falls. Twice a year, the site features work by children at local schools. The March theme is "March Madness."

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Feb. 25th or Mar. 10th

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McLean Community Center
The Center of It All



Here's What's Happening at MCC

Be Fit McLean Outdoor Adventure Expo

Saturday, Feb. 18, 10 a.m. - 4 p.m.
Free Admission

Get information on outdoor activities in our area (and lots of free stuff) sure to get you geared up for spring and a lifetime of adventure!



New! Classics of the Silent Screen Film Series **The FIRST Kings of Comedy**

Wednesday, Feb. 22, 8 p.m.
\$10/\$6 district residents

Charlie Chaplin in *The Pawn Shop* (1916), Harold Lloyd in *High and Dizzy* (1920), Buster Keaton in *The Goat* (1921), Charley Chase in *Dog Shy* (1926) and Laurel & Hardy in *You're Darn Tootin'* (1928). Live musical accompaniment by pianist Ben Model and commentary by film historian Bruce Lawton.

Theatreworks USA production of **Charlotte's Web**

Saturday, Feb. 25, 2 p.m.
\$15/\$10 district residents

For ages 4+. Based on E. B. White's loving story of the friendship between a pig named Wilbur and a little gray spider named Charlotte.

John Eaton **Jazz, Blues and Broadway**

Sunday, Feb. 26, 3 p.m.
\$25/\$18 district residents

From Gershwin to Porter, long-time regional favorite and jazz pianist Eaton presents popular American songs with keen observations.

The Marx Brothers in **Duck Soup**

introduced by Frank Ferrante
Friday, March 2, 8 p.m.
\$8/\$5 district residents

This film, a classic political farce that was banned by Mussolini, is even more enjoyable with Groucho historian Ferrante's insights.

The McLean Community Center

1234 Ingleside Ave., McLean, VA 22101



703-790-0123, TTY: 711
www.mcleancenter.org



SPORTS

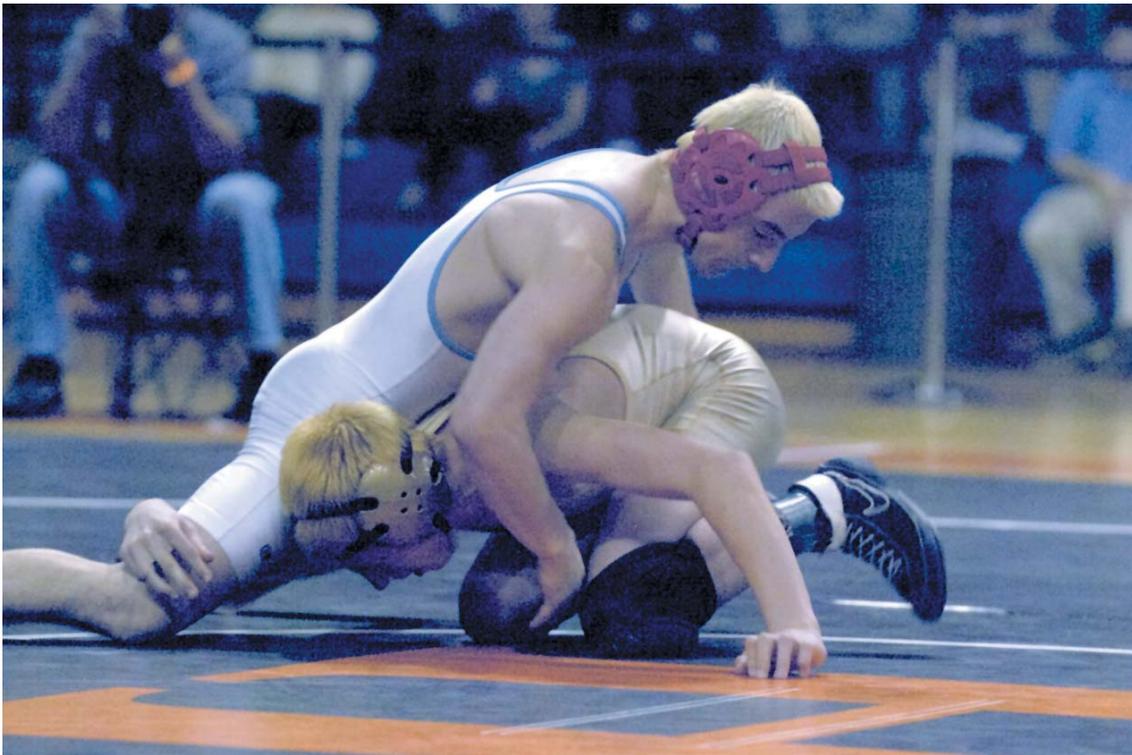


PHOTO BY CRAIG STERBUTZEL/THE CONNECTION

Marshall High's James Cusack (top) defeated Westfield's David Aiello in the 113-finals at last Saturday night's Northern Region Championships at Hayfield High School.

Langley Wrestling Continues Strong Postseason Run

Liberty champions finish among top 10 teams at regionals.

BY RICH SANDERS
THE CONNECTION

The Langley High wrestling team finished ninth place overall at last Saturday's Northern Region Championships. The 30-team, two-day event took place Feb. 10-11 at Hayfield High School in Alexandria.

The Saxons, this year's Liberty District champions, earned 69.50 team points at regionals to finish ninth, one place ahead of district rival Madison (10th place, 68 points).

The team champion was Westfield High (193), which finished ahead of defending region champion Robinson (2nd place, 174.50). Annandale (129.50), Mount Vernon (126.50), and Lake Braddock (105) finished third, fourth, and fifth, respectively.

Marshall High, which finished second place at the recent Liberty District Championships, finished an impressive sixth place at regionals with 81 points, ahead of seventh place South County (79.50), eighth place Oakton (73.50), and the ninth place Saxons.

Langley had two wrestlers qualify for the upcoming Virginia State AAA Championships. Top four individual finishers at regionals earned automatic seedings for the state meet. The two Langley wrestlers to advance were Leland Jenkins (4th place at 126 division) and Jay Ives (4th at 138).

Also for Langley, Tate Dulany earned a fifth place medal at 220 division. In the match for fifth place, Dulany defeated Robinson's Andre Kendall by major decision, 14-4.

Langley's Matt Sahn finished sixth place to earn a medal at the 145 weight class. Also, Austin Miller

from Langley took sixth place at 132 weight class.

From McLean High School, Adilet Uspeev finished in sixth place at 138 weight class.

MARSHALL HIGH had one first place region champion, James Cusack at 113 weight class, and another wrestler (Matt Crawford, heavyweight) who finished in second place.

Also for the Statesmen, Sam White (195) and Christian Valencia (106) both earned sixth place medals.

Cusack, the top seed from the Liberty District, won all four of his region matches to earn the crown - pin victories over Annandale's Anour Sakta and Chantilly's Ali Nadri over the first two rounds; an 11-1 major decision win over T.C. Williams' Ibrahim Bunduka in the semifinals; and an 8-0 major decision triumph in the finals over Westfield's David Aiello.

Crawford, at heavyweight, won his first match at regionals with a pin win over Stuart High's Alan Lara. He then defeated Oakton's Spencer Conley, 3-1, in a quarterfinals match. Then, in the semifinals, Crawford, the top seed from the Liberty, edged Yorktown's Charlie Whelden, 2-1. That put Crawford into the championship match where he lost by pin to Robinson's Jake Pinkston.

AT THE LIBERTY DISTRICT championships at Langley High School two weeks ago, the host Saxons captured the team title with 216.50 points, ahead of second place Marshall (216.50). South Lakes (144), Fairfax (138.50), and Madison (134.50), finished third through fifth, respectively. The sixth through eighth place finishers were Jefferson, Stone Bridge, and McLean.

Individual weight class champions for Langley at districts were: Tate Dulany (220 division), Matt Sahn (145), Jay Ives (138), and Leland Jenkins (126).

From Marshall, district champions were James Cusack at 113 and Matt Crawford at heavyweight.



PHOTO BY LOUISE KRAFT/THE CONNECTION

McLean's Abby Neuberger finished sixth in the all-around at the Northern Region gymnastics championships on Feb. 9 at Lake Braddock Secondary School.

McLean Places Second at Region

Gymnastics district champions earn a berth in the state meet.

The McLean gymnastics team placed second at the Northern Region gymnastics championships on Feb. 9 at Lake Braddock Secondary School, earning the Highlanders a berth in the state meet.

McLean, which won the Liberty District title, posted a score of 144.851, trailing only Washington-Lee's total of 145.191. Robinson finished third at 137.441, followed by Lake Braddock (135.376), Stone Bridge (135.042), Woodson (134.316), Yorktown (129.918) and Chantilly (126.749).

McLean's Jackie Green finished fifth in the all-around with a score of 37.134. She finished fourth on bars (tie, 9.125), seventh on beam

(9.417) and vault (tie, 9.267), and 10th on floor (9.325).

Abby Neuberger finished sixth in the all-around with a score of 37.1. She finished second on floor (9.55), fourth on beam (9.55), 10th on bars (tie, 8.9) and 16th on vault (9.1).

Lizzy Brown-Kaiser placed sixth on bars (9.1).

Christe Lodge, Madi Schuman and Claire Sanders also competed for McLean.

Madison's Evelyn Nee won the all-around with a score of 38.683, followed by Washington-Lee's Mary Lynn Clark (38.208), Marshall's Morgan Stahl (37.683) and Westfield's Katie Freix (37.525).

The state championships will be held Friday and Saturday, Feb. 17-18 at Salem High School in Virginia Beach.

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21 Announcements

**TRUSTEES' SALE OF
505 ORCHARD STREET
VIENNA, VIRGINIA 22180**
TAX MAP ID NO. 038-3-22-0001

Under a power of sale contained in a certain Deed of Trust
from CDUB LLC, Grantor, to John D. Eubank and Timothy E.
Lewis, Trustees, dated September 8, 2011 and recorded on
September 15, 2011 in Deed Book 21846 at Page 2131 among
the Land Records of Fairfax County, Virginia as Instrument No.
2011035032.001, with an original principal balance of
\$265,000.00, default having occurred under the terms thereof,
the Trustees will sell at public auction at the front door of the
Circuit Court of Fairfax County, 4110 Chain Bridge Road, Fair-
fax, Virginia 22030, on

FEBRUARY 23, 2012 AT 9:00 AM
ALL THAT fee-simple LOT OF GROUND AND THE IMP-
ROVEMENTS THEREON situated in Fairfax County, Virginia,
known as 505 Orchard Street, Vienna, Virginia 22180, and
more fully described in the aforesaid Deed of Trust.

TERMS OF SALE: A deposit of ten per centum of the sale
price will be required of the purchaser at the time and place of
sale. The deposit must be paid in cash or certified funds. The
balance of the purchase price to be paid in cash or certified
funds within twenty (20) days of the date of sale. Interest to be
paid on the unpaid purchase money at the rate of 12% per an-
num from the date of sale to the date of settlement. The party
secured herein, if a bidder, shall not be required to post a de-
posit or to pay interest. Purchaser shall settle within twenty
(20) days of the date of sale. TIME SHALL BE OF THE ES-
SENCE WITH RESPECT TO SETTLEMENT BY THE PUR-
CHASER. In the event that Purchaser does not settle as re-
quired for any reason, purchaser shall be in default. The de-
faulting purchaser shall not be entitled to any surplus proceeds
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posit shall be forfeited to the Trustees and all of the expenses
of this sale (including attorneys' fees and full commission on
the gross sale price) shall be charged against and paid out of
the forfeited deposit. In the event settlement is delayed for any
reason, including, but not limited to, exceptions to the sale,
bankruptcy filings by interested parties, court administration of
the foreclosure, or unknown title defects, there shall be no
abatement of interest. Taxes, ground rent, water and all public
charges including electrical, sanitation, and/or metropolitan dis-
trict charges, if applicable, are to be adjusted for the current
year to the date of sale and assumed thereafter by the pur-
chaser. Cost of all documentary stamps, recordation taxes,
transfer taxes and settlement expenses shall be borne by the
purchaser.

The property will be sold in an "AS IS" condition and sub-
ject to conditions, restrictions, and agreements of record affect-
ing the same, if any, and with no warranty of any kind.
In the event that the Trustees are in default for any reason,
the purchaser's sole remedy at law and in equity shall be limited
to a refund of the deposit and the sale shall be considered
null and void and of no effect.
Purchaser shall be responsible for obtaining physical pos-
session of the property. Purchaser assumes the risk of loss or
damage to the property from the date of sale forward.
Trustees reserve the right, in their sole discretion, to reject
any and all bids, to withdraw the property from sale at any time
before or at the auction, to extend the time to receive bids, to
waive or modify the deposit requirement, to waive or modify
the requirement that interest be paid on the unpaid purchase
money, and/or to extend the period of time for settlement.
Additional terms may be announced at the sale. The suc-
cessful bidder will be required to execute and deliver to the
Trustees a memorandum or contract of the sale at the conclu-
sion of bidding.
John D. Eubank and Timothy E. Lewis, Trustees

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-Abraham Lincoln

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**Light tomorrow
with today!**
**-Elizabeth
Barret Browning**

21 Announcements



**Barbara Jean Parkinson,
age 67**
of Sterling, VA, died February 7, 2012 at
her residence. Born on September 17,
1944 in New York she was the daughter of
the late Charles and Elizabeth Lundy.
Ms. Parkinson was a member of Corner-
stone Chapel in Leesburg, VA. Barbara
attended Michigan State University where
she received her Bachelor's Degree in
Music. During her high school years she
was a member of the singing group
known as The Jill's. She worked for
Connection Newspapers for many years.
Barbara enjoyed and loved spending time
with her grandchildren and doing crafts
with them.

She is survived by her son Mark(Rachel)
Parkinson of Purcellville, VA; daughter
Jennifer(Jay) Daughtry of Sterling, VA;
brother Wayne Lundy of Loveland, OH;
and five grandchildren.

A graveside service was held on Friday,
February 10, 2012 at 11:00 a.m. Ebenezer
Cemetery, Round Hill, VA with Pastor
Mike Emerson officiating.

Memorial contributions can be sent to the
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"Diseased"



By KENNETH B. LOURIE

But not sickness. Not health, either, as last week's column ended. At least that's the way I characterize my having stage IV lung cancer. And I don't know if I'm splitting hairs here, since I've never worked in a salon, although I do get my hair cut regularly; but I have been accused of speaking double-talk. Double entendres and unnecessary redundancies I will admit to, though. Nevertheless, the characterization seems to help me navigate the occasionally treacherous waters that a terminal patient undergoing chemotherapy – again, can expect, both mentally and of course, physically. It's a game – to me, anyway; how to spin something so terribly unexpected: diagnosed with cancer at age 54 and a half, despite being a lifelong non-smoker from an immediate family with NO cancer history, into something manageable. And for those who know me – or read my columns regularly enough, I think you would admit I manage it reasonably well, something which I am quite proud of, by the way.

And as I continue to psych myself up for the inevitable chemotherapy-related changes – and challenges – ahead (infusions three through six are still ahead), I am eager – sort of, and of course, grateful for surviving this long, post-diagnosis, to have yet another opportunity to slay the dragon (shrink my tumors) again. It sure beats the alternative – no opportunity because, well, you know: I wouldn't be here writing this column, or anything else for that matter.

But writing I am, and hopeful I remain. Next week's column will be my three-year anniversary column. When initially diagnosed, back in February, 2009, I was given a "13-month-to-two-year prognosis" (life expectancy), and not given too much hope, if truth be told. Oncologists are not in the business – from what I had been told previously, and have now experienced for myself, of "blowing any sunshine up your skirt," to invoke a quote from M*A*S*H's Lt. Col. Henry Blake (the recently deceased McLean Stevenson); honesty for which I asked and have thankfully always received. I'd rather know what I'm up against and work to overcome it than resign myself to its inevitability. And so far, given my post-diagnosis status, (still typing), I would say it – or something in combination with it, is working.

Although I don't expect the next 10-12 weeks of enduring chemotherapy to be very pleasant, it is nonetheless the best option available to me, given my rather limited knowledge of the subject. However, I am confident and comfortable in my oncologist's steady hand and ongoing concern as he continues to encourage me treating forward. We get along pretty well, although sometimes my Kenny-speak (unintended though it may be) is perplexing to him, so now what he does to interpret what he thinks I'm asking, is to speak back to me in words and phrases which he's comfortable using, and then await my reply. It's a tiny bit of a process – for which obviously we both have time, but it assures us that we're in complete understanding with what one another is trying to say. Given the fact that I've now outlived my original, worst-case prognosis: 13 months, by almost two years, I would say that whatever the doctor and I are doing, however we're communicating, it's working. I mean, I'm still alive. So onward and upward we go.

My next fact-to-face appointment with my oncologist is scheduled for February 24th, a week following my next CT Scan, the first scan since I will have re-started this "second line" of chemotherapy; another crossroads moment to be sure. "Progression" started this, perhaps regression (shrinkage) can end it? Two infusions in, four more to go. I still don't feel anything. But then again, I rarely have.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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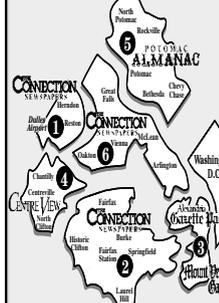
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